



Arlen K. Sternberg

PARTNER

Arlen Sternberg has deep commercial litigation and administrative law experience to support clients in their most important corporate and regulatory disputes, particularly in the energy industry.

CONTACT

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Overview

Arlen's practice focuses on business litigation, with an emphasis on administrative, employment and corporate commercial law. He regularly appears as counsel before all levels of court in Ontario, in trial, judicial review and appellate matters, and conducts regulatory hearings before various administrative tribunals. He also handles commercial arbitrations and mediations. Arlen has significant experience handling employment related disputes, including wrongful dismissal actions and disputes involving obligations of departing employees.

As part of his administrative law practice, Arlen has extensive experience handling significant regulatory hearings in the energy industry, including relating to infrastructure projects. This includes having conducted many hearings as lead counsel before the Ontario Environmental Review Tribunal regarding wind and solar energy projects, the Ontario Energy Board in proceedings for electricity utilities and related judicial review and appeal proceedings.

. In addition, he has managed hearings before a variety of other regulatory tribunals across a number of industries, including in licensing and disciplinary tribunal contexts.

Recognition and Awards

2026 *Best Lawyers in Canada*— Leading lawyer in administrative and public law

2013-2026 *Best Lawyers in Canada*—Leading lawyer in corporate and commercial litigation

2010 *Lexpert's Rising Stars: Leading Lawyers Under 40*—One of Canada's leading lawyers under 40

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Professional Involvement

Arlen is an active member of The Advocates' Society.

Education and Bar Admissions

Education

LLB (Bronze Medalist), 1997

BA, 1992

Osgoode Hall Law School

Northeast Louisiana University

Bar Admissions

