



Sophia Tolias

CHIEF STRATEGY AND GROWTH OFFICER

CONTACT

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Overview

Sophia Tolias is Torys' Chief Strategy and Growth Officer, responsible for driving the firm's business strategy and growth objectives across practices and offices. In this role, she leads the firm's marketing, business development and client development functions, working closely with legal and business professionals to identify emerging opportunities, strengthen client relationships, and advance the firm's most significant pursuits. Her mandate spans competitive and market analysis, brand strategy, client engagement programs, and cross-border growth initiatives.

Sophia brings 25 years of broad and sophisticated experience in the legal services industry, grounded in her earlier career as a corporate lawyer at leading global law firms in Canada and the United Kingdom, as well as her work as in-house counsel at major organizations.

Insights

[Information Flows Between Nominee Directors and Their Appointing Shareholders](#)

[Torys' Commitment to Social Responsibility](#)

[Winning the Bid: Investor Strategies in Hot Auctions](#)

[Market Insights: Private M&A Deal Terms](#)

[Hostile Bids in Canada: State-of-Play of Deal Tactics](#)

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News

Torys provides commentary on the new route of a modern legal career

Torys Quarterly Piece Featured by *PE Hub Canada*

Private M&A Torys Quarterly Piece Runs in *PE Hub Canada*

M&A Torys Quarterly piece featured on *PE Hub Canada*

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Education and Bar Admissions

Education

Bachelor of Laws, Silver Medalist, LLB (*summa cum laude*), 1997

University of Ottawa

Bachelor of Civil Law, LLL (*summa cum laude*), 1996

University of Ottawa

Bar Admissions

Quebec, 1998

Ontario, 1999

Solicitor, England and Wales, 2003